

CELEBRATING



YEARS

TOKAY

SENIOR FITNESS CENTER

20 Years and Still Going Strong!



Community Resources
Information, Support, Connection.



COMMUNITY BLOCK PARTY & SENIOR GAMES FIELD DAY

Join us as we celebrate 20 years of
fitness, friendship, and healthy living!

FRIDAY: OCTOBER 2, 2026

Walk: 9:00-11:00 AM at the TRACK

Block Party: 11:00 AM-2:00 PM

AGES 55+
Welcome



FOOD & REFRESHMENTS*

Delicious food and
refreshments
for all to enjoy!

**while supplies last*



VENDOR MARKET

Local organizations
will share information
and resources.



DJ ENTERTAINMENT

Great music,
good vibes, and
lots of fun!



SENIOR GAMES FIELD DAY

Fun games and
friendly competition
for everyone!

Pre-register to receive food
ticket at event check-in:

<https://forms.gle/Jx22NECXtADfedV8>



FAYETTEVILLE
PARKS & RECREATION
CUMBERLAND CO.



328 Hamilton Street
Fayetteville, NC 28301

910-433-1414

**FREE
EVENT**

Bring your friends
and join the fun!