

CELEBRATING



TOKAY

SENIOR FITNESS CENTER

20 Years and Still Going Strong!



COMMUNITY
BLOCK PARTY
& SENIOR GAMES FIELD DAY

Join us as we celebrate 20 years of
fitness, friendship, and healthy living!



AGES 55+
Welcome



FRIDAY, OCTOBER 2, 2026



11:00 AM - 2:00 PM



**FOOD &
REFRESHMENTS***

Delicious food and
refreshments
for all to enjoy!

**while supplies last*



**VENDOR
MARKET**

Local organizations
will share information
and resources.



**DJ
ENTERTAINMENT**

Great music,
good vibes, and
lots of fun!



**SENIOR GAMES
FIELD DAY**

Fun games and
friendly competition
for everyone!

FAYETTEVILLE
PARKS & RECREATION
CUMBERLAND CO.

328 Hamilton Street
Fayetteville, NC 28301

910-433-1414



MID-CAROLINA
SENIOR GAMES
Fitness, Friendship & Fun

**FREE
EVENT**

Bring your friends
and join the fun!