



MCRC Weekly Newsletter April 28, 2023

Notable Notes From the Region

-Come out to the Roseboro BloomFest: Roseboro will be holding its annual two-day BloomFest this weekend, giving families a great opportunity to connect and celebrate with one another. The kick-off will be tonight (April 28th) from 6-10 pm, in the Town Park. The Pizazz Band will be performing live music at the event, and there will also be a beer garden along with dozens of local food trucks at the kickoff show. The second day event on Saturday will take place downtown and will have vendors from all throughout the region as well as a number of attractions, including mini golf, for all age groups. Saturday's festivities will begin at 10:00 AM and end at 4:00 PM. Parking and admissions will be free for both days as the community comes together to celebrate the Spring season. Check out more information on BloomFest by clicking [here](#).

-Harnett County to Resume Regional Water Project: Harnett County recently announced that it would be continuing its water meter replacement project that was previously put on hold due to material shortages. The project will install Advanced Metering Infrastructure (AMI) meters, which use wireless and radio frequency technology to transmit hourly water usage data. The estimated completion of this project is September 2023, and upon its completion, customers of Harnett Regional Water will be able to more accurately review their water consumption, as well as proactively identify and resolve issues related to leaks and high water consumption.

-Rock on at Rockism for Autism: This Saturday, the Autism Society of North Carolina will be hosting its 6th annual "Rockism for Autism". The event will be taking place at the Dunn Shrine Club from 7-10 PM, with doors opening an hour earlier at 6:00 PM. There will be performances from the Sixteen Penny Band and Identity Crisis, along with numerous raffle prizes, cash drawings, and a silent auction. All proceeds from

the event will go to the Autism Society of North Carolina. For more information on the event, [click here](#).



Mid-Carolina Senior Games Updates

The 37th Mid-Carolina Senior Games is underway! With events taking place around the region for the next few weeks, it's important to stay on top of all the action. To get updates on the time and location for different events, check out the Aging Services page on the Mid-Carolina website (mccog.org) or the Mid-Carolina Senior Games Facebook page by [clicking here](#). Whether you're participating in any of the events or planning to just watch the competitions, we hope to see you at the games soon!



NC Senior Tar Heel Legislature Members Needed for Sampson and Harnett Counties

The Mid-Carolina region is in need of two alternates for the North Carolina Senior Tar Heel Legislature (NCSTHL). Sampson and Harnett counties require more alternate members to the legislature in order to comprise of a full delegation from the region. The NCSTHL is for all state residents aged 60 and up. Members of the NCSTHL are volunteers from all walks of life. Some are retired, some still work. They commit to educate themselves about how the state's aging services and funding streams work, evaluate the effectiveness of the distribution network, measure the impact of current policies and processes, and act to propose legislation that addresses the problems. To inquire about appointment as a NCSTHL delegate or

alternate, contact Tracy Honeycutt, thoneycutt@mccog.org, or 910-323- 4191 x27. The Wake County Shrine Club hosted the March 2023 Senior Tar Heel Legislature earlier this week, for more information on the event, please click [here](#).

Upcoming COG Events

Saturday, April 29: Mid-Carolina Senior Games Softball Tournament, 9:00 AM, Lamon Street Park, 220 Lamon St., Fayetteville, NC 28301. Events in the Mid-Carolina Senior Games will take place throughout the region from Wednesday, April 19-Monday, May 15.

Monday, May 1: Mid-Carolina Senior Games Events, Croquet, 5k Run, 1500M Power Walk, Cornhole,

10:00am - Croquet - Town of Lillington Park, Chamber Field, 405 E. Edgar St., Lillington, NC 27546

9:00am - 5k Run (3.1 miles) - Campbell University

10:30am - 1500 M Power Walk - Campbell University

1:00pm - Cornhole - Al Woodall Park, 810 S 16th St., Erwin, NC 28339

Tuesday, May 2: Mid-Carolina Senior Games Event, Horseshoes, Royal Lane Park, 618 Roal Ln, Clinton, NC 28328. Women's singles begin at 9:00 AM, Men's singles begin at 11:00 AM.

Wednesday, May 3: Mid-Carolina Senior Games Events, Bocce and Pickleball.

Bocce, 9:00 AM, Western District Park, 700 West Clinton St., Roseboro, NC 28382.

Pickleball, 9:00 AM, (Singles, Doubles, Mixed Doubles), Hope Mills Recreation Center Gym, 5770 Rockfish Rd, Hope Mills, NC 28348.

Thursday, May 4: Mindful Eating for Caregivers, 10:00 AM-12:00 PM, Mid-Carolina

Regional Council 6205 Raeford Road, Fayetteville, NC 28304. Limited space for event, please RVSP by May 2 with Barbara White, 910-323-4191, ext. 28, or at bwhite@mccog.org. For more information on the event, [click here](#).

Thursday, May 4: Mid-Carolina Senior Games Events, Badminton, SilverArts Display, SilverArts Performance & Cheerleading Showcase.

9:00am - Badminton (Singles, Doubles, Mixed Doubles) - Hope Mills Recreation Center - 5776 Rockfish Rd., Hope Mills, NC 28348

12:00pm - 2:00pm - SilverArts Display - John D. Fuller Sr. Recreational Center, 6627 Old Bunce Rd., Fayetteville, NC 28314

2:00pm - SilverArts Performance and Cheerleader Showcase - John D. Fuller Sr. Recreational Center, 6627 Old Bunce Rd., Fayetteville, NC 28314

Friday, May 5: Mid-Carolina Senior Games Events, Mini Golf and Swimming,

9:00am - Mini Golf - Dormy's Sweet Spot Mini Golf, 100 West Jackson Blvd, Erwin, NC 28339

2:00pm - Swimming - Sampson County YMCA, 417 E Johnson St., Clinton, NC 28328

Saturday, May 6: Mid-Carolina Senior Games Event, Cycling, Royal Lane Park, 618 Royal Ln, Clinton, NC 28328

9:00am - Cycling 10k/Recumbent 10k

9:30am - Cycling 1 Mile/Recumbent 1 Mile

10:00am - Cycling 5k/Recumbent 5k

Monday, May 8: Mid-Carolina Senior Games Event, Track, Campbell University Track,

9:00am - 1500 Meter Run (1 mile)

9:30am - 100 Meter Dash

10:00am - 400 Meter Dash

10:30am - 50 Meter Dash

11:00am - 200 Meter Dash

Thursday, May 11: Transform the Way You Care: Free Caregiver Virtual Reality

Experiences, Held every second Thursday of the Month by appointment only, Mid-Carolina Regional Council Office, 6205 Raeford Rd., Fayetteville, NC 28304. To make an appointment, please contact Carla Smith, 910-323-4191, ext. 23, or Barbara White, 910-323-4191, ext. 28, or at bwhite@mccog.org. For more information on the event, [click here](#).

Friday, May 12: Free Introductory Wellness Workshop: The Healing Power of Essential Oils, 3:30 PM-5:30 PM, Mid-Carolina Regional Council Office, 6205 Raeford Rd., Fayetteville, NC 28304. The event will be held with certified Yoga instructor Eve Nelson-Brown. Registration is required for this event. To register, please contact Barbara White at bwhite@mccog.org or 910-323-4191, ext. 28. For more information on the event, [click here](#).



UNC School of Government Worthwhile Reads

What North Carolina's Local Governments Should Know About Use Taxes
(Published 3/31/23) Read [here](#).

Types of Development Decisions
(Published 8/24/21) Read [here](#).

County Tax Collectors and City Taxes
(Published 4/13/23) Read [here](#).



About Us

Mid-Carolina Council of Governments is a multi-county, planning, development, and human services organization. We reach across county and municipal borders to provide technical assistance to our local governments and to administer programs that benefit our region's citizens. Our mission is to provide creative regional solutions to relevant and emerging issues in Cumberland, Harnett, and Sampson Counties while providing a standard of excellence in the delivery of federal, state, and regional services for our local governments and the people they serve.

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