



MCRC Weekly Newsletter June 23, 2023

Notable Notes From the Region

-Harnett County to Renovate Workforce Development Center: The Harnett County Board of Commissioners recently voted to approve \$5 million in funds to assist with the renovation of the Magnolia Avenue School building into a Workforce Development Center. The new Center will provide residents in Harnett County with the opportunity to receive specialized job training, and will ultimately retain talent in the region. Once the renovations are completed, Central Carolina Community College will occupy the building and offer customized workforce development training. The new building will also include incubator and soft landing spaces for new industries in the area to interview and hire personnel before their facilities open.

-Upcoming Cumberland County Better Living Workshops: Throughout the month of July, Cumberland County Cooperative Extension will be holding multiple Better Living Series workshops, all focused on the benefits of blueberries. Workshops like "Growing Blueberries" (July 12, 12:00-2:00 PM) and "Cooking with Berries" (July 19, 12:00-2:00 PM) will be held at the Cooperative Extension office at 301 E. Mountain Dr., Fayetteville, NC. Registration for all July events will be in person and can be paid through check, correct cash, or money order. For more information on the workshops, or updates throughout the month, [click here](#).

-Local Area Events: This weekend, there are numerous events you can check out throughout the region! See below for more details.

Cape Fear's Backyard BBQ Dash- Saturday, June 24 from 10:30 AM-3:00 PM at the Museum of the Cape Fear Historical Foundation. This traveling exhibit will examine the history of barbecue in North Carolina, and of course, many barbecue food trucks from throughout the state will be in attendance at the event. Admission is free, and make sure to come with an appetite.

Summer Movies in the Park- Saturday, June 24 from 7:00 PM-9:00 PM at the Williams Bar Park, 2349 Bunnlevel Erwin Rd., Bunnlevel, NC. The event is free and open to the public, be sure to bring your own chair or blanket.

Leading Ladies of Harnett County Pancake Brunch- Saturday, June 15 from 10:00 AM-1:00 PM at the NC Cooperative Extension Harnett County Office, 126 Alexander Dr., Lillington, NC. Tickets are \$10 per person, and carry-out is available upon request.

-Multiple Grant Awards Announced for Sampson County: Sampson County was recently on the receiving end of two significant grant programs which will help to transform the county and provide more quality public services to residents. The first grant was from the Firehouse Subs Public Safety Foundation, which awarded Sampson County Emergency Services over \$25,000 to purchase a Utility Terrain Vehicle (UTV), which will significantly aid the department with its responses to off-road incidents throughout the county. The second grant program, from the NC Department of Commerce, awarded \$350,000 to the historic Sampson Community Theatre in downtown Clinton to help repair and rehabilitate the building so it can revitalize the town and bring more business to the area. Congratulations to Sampson County on the incredible news!



Office Closure

The Mid-Carolina Regional Council office will be closed on Tuesday, July 4th in observance of Independence Day. We hope you have a happy 4th of July, and that you're able to enjoy the holiday with friends and family. Our office will be opened for

business the following day on Wednesday, July 5th.



Local 4th of July Celebrations

With the upcoming Independence Day Holiday, there are many scheduled celebratory events that will be happening throughout the region. Be sure to check out your local government or county website for updated information on holiday festivities and celebrations. Please enjoy the holiday and have a safe and fun Independence Day!



NC Senior Tar Heel Legislature Members Needed for Sampson and Harnett Counties

The Mid-Carolina region is still in need of two alternates for the North Carolina Senior Tar Heel Legislature (NCSTHL). Sampson and Harnett counties require one more alternate member each to the legislature in order to comprise of a full delegation from the region. The NCSTHL is for all state residents aged 60 and up. Members of the NCSTHL are volunteers from all walks of life. Some are retired, some still work. They commit to educate themselves about how the state's aging services and funding streams work, evaluate the effectiveness of the distribution network, measure the impact of current policies and processes, and act to propose

legislation that addresses the problems. To inquire about appointment as a NCSTHL delegate or alternate, contact Tracy Honeycutt, thoneycutt@mccog.org, or 910-323-4191 x27.

Upcoming COG Events

Monday, June 26: Bingosize, Mondays and Thursdays 10:00 AM-11:00 AM, Bill Crisp Senior Center, 7560 Raeford Rd., Fayetteville, NC 28304. View event flyer by [clicking here](#).

Monday, June 26: A Matter of Balance, Mondays and Wednesdays 10:00 AM-12:00 PM, Spring Lake Senior Center, 301 Ruth St., Spring Lake, NC 28390. To register, please call 910-433-1121, class size is limited. View event flyer by [clicking here](#).

Wednesday, June 28: Gentle Yoga, Every Wednesday 3:00 PM-4:00 PM, Mid-Carolina Regional Council, 6205 Raeford Rd., Fayetteville, NC 28304. Gentle Yoga is appropriate for all levels of experience but is particularly accessible to anyone new to the practice of yoga. Event is free but registration is required, to register, please contact Barbara White, 910-323-4191, ext. 28, or at bwhite@mccog.org. For more information on the event, [click here](#).

Wednesday, June 28: A Matter of Balance, Mondays and Wednesdays 10:00 AM-12:00 PM, Spring Lake Senior Center, 301 Ruth St., Spring Lake, NC 28390. To register, please call 910-433-1121, class size is limited. View event flyer by [clicking here](#).

Thursday, June 29: Bingosize, Mondays and Thursdays 10:00 AM-11:00 AM, Bill Crisp Senior Center, 7560 Raeford Rd., Fayetteville, NC 28304. View event flyer by [clicking here](#).

Monday, July 3: Bingosize, Mondays and Thursdays 10:00 AM-11:00 AM, Bill Crisp Senior Center, 7560 Raeford Rd., Fayetteville, NC 28304. View event flyer by [clicking here](#).

Wednesday, July 5: Gentle Yoga, Every Wednesday 3:00 PM-4:00 PM, Mid-Carolina Regional Council, 6205 Raeford Rd., Fayetteville, NC 28304. Gentle Yoga is appropriate for all levels of experience but is particularly accessible to anyone new to the practice of yoga. Event is free but registration is required, to register, please contact Barbara White, 910-323-4191, ext. 28, or at bwhite@mccog.org. For more information on the event, [click here](#).

Friday, July 7: Nutrition Class for Caregivers-Food Addiction 911, 10:00 AM-12:00 PM, Mid-Carolina Regional Council 6205 Raeford Road, Fayetteville, NC 28304. Each class includes recipe demonstrations, beautiful nutrition handouts & delicious food samples. You'll leave empowered with new tools & a new perspective on healthy eating! Limited space, RSVP required 2 days before class. For more information, or to RSVP for the event, please contact Barbara White at bwhite@mccog.org or 910-323-4191. For more information on the event, [click here](#).



UNC School of Government Worthwhile Reads

American Rescue Plan Act Coronavirus State and Local Fiscal Recovery Fund:
Preparing for the Audit
(Published 6/21/23) Read [here](#).

Types of Development Decisions
(Published 8/24/21) Read [here](#).

The Most Common Oaths of Office Question
(Published 8/24/22) Read [here](#).



About Us

Mid-Carolina Council of Governments is a multi-county, planning, development, and human services organization. We reach across county and municipal borders to provide technical assistance to our local governments and to administer programs that benefit our region's citizens. Our mission is to provide creative regional solutions to relevant and emerging issues in Cumberland, Harnett, and Sampson Counties while providing a standard of excellence in the delivery of federal, state, and regional services for our local governments and the people they serve.

Mid-Carolina Council of Governments | 6205 Raeford Road, Fayetteville, NC 28304
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