



**Dementia
Friends
North Carolina** 
A Dementia Friendly America initiative

HELP CREATE A DEMENTIA FRIENDLY COMMUNITY

Come to a Dementia Friends Information Session to learn a little about what it is like to live with dementia and turn that understanding into action.

Anyone of any age can become a Dementia Friend. You will learn more about dementia and how you can help Cumberland, Harnett and Sampson counties become dementia friendly communities.

Tuesdays • 10am–12pm
Aug 12 • Sept 30 • Oct 28

MID-CAROLINA REGIONAL COUNCIL
6205 Raeford Road | Fayetteville, NC 28304

To RSVP & for more info:

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