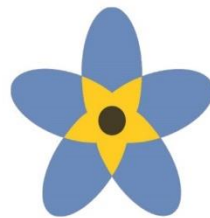


# Dementia Friends North Carolina

A Dementia Friendly America Initiative



Dementia Friends  
Information Session

## HELP CREATE A DEMENTIA FRIENDLY COMMUNITY

Come to a Dementia Friends Information Session to learn a little about what it is like to live with dementia and turn that understanding into action.

Anyone of any age can become a Dementia Friend. You will learn more about dementia and how you can help Cumberland, Harnett, and Sampson counties become dementia-friendly communities.

Tuesday, July 16<sup>th</sup>, 2024 10am-11am and Monday, August 19<sup>th</sup>, 2024 12pm-1pm

Spring Lake Senior Center  
300 Ruth Street, Spring Lake NC 28390



**MID-CAROLINA  
REGIONAL COUNCIL**

*Creative Regional Solutions*

### To RSVP & For More Info:

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