



**Dementia  
Friends  
North Carolina** 

A Dementia Friendly America initiative

# HELP CREATE A DEMENTIA FRIENDLY COMMUNITY

Come to a Dementia Friends Information Session to learn a little about what it is like to live with dementia and turn that understanding into action.

Anyone of any age can become a Dementia Friend. You will learn more about dementia and how you can help Cumberland, Harnett and Sampson counties become dementia friendly communities.

**Tuesdays • 10am–12pm**

**May 28 • June 25 • July 27  
Sept 24 • Oct 29**

**MID-CAROLINA REGIONAL COUNCIL  
6205 Raeford Road | Fayetteville, NC 28304**

**To RSVP & for more info:**

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**MID-CAROLINA  
REGIONAL COUNCIL**

