

# Family Caregiver Support Group

SHARE, LEARN AND SUPPORT ONE ANOTHER



*3<sup>rd</sup> Thursday Afternoon  
of Each Month*

## 2022

- September 15
- October 20
- November 17
- December 15

## 2023

- January 19
- February 16
- March 16
- April 20
- May 18
- June 15

**6205 Raeford Road  
Fayetteville, NC 28304**

**12:00 – 1:30 pm**

The Family Caregiver Education and Support Group provides a supportive and educational environment to enhance the caregiver and family understanding of Alzheimer's and Dementia or related cognitive impairments.

## Please RSVP

**Barbara A. White**

*Family Caregiver Specialist*

*Mid-Carolina Area Agency on Aging*

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OR

**Carla Smith**

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REGIONAL COUNCIL**