

Grandparents as Kinship Caregivers: Challenges and Support

Thursday, February 24, 2025 | 9 a.m. - 2:15 p.m.

**Location: Southern Regional AHEC, 1601 Owen Drive
Classroom A, Fayetteville, NC 28304**

Target Audience

Social workers, nurses, school counselors, mental health professionals, case managers, community health workers, family and child welfare professionals, early childhood educators, allied health professionals, public health practitioners.

Program Description

As the number of grandparents stepping into primary caregiving roles continues to rise, professionals across healthcare, education, and social services must be equipped to support these unique family structures. This continuing education program explores the emotional, financial, legal, and health-related challenges faced by grandparents raising grandchildren due to parental absence or instability. Participants will learn trauma-informed, culturally responsive strategies to help kinship families navigate access to services, maintain caregiver well-being, and support healthy child development. Real-world case studies and resource navigation tools will be included to enhance practical application.



Objectives

By the end of the presentation, participants will be able to:

- Describe the social, emotional, and logistical challenges commonly experienced by grandparents serving as primary caregivers.
- Identify the legal, educational, and healthcare systems that intersect with kinship care and how to support caregiver access.
- Apply trauma-informed and culturally sensitive approaches when working with multigenerational families.
- Utilize community-based resources and referral networks to support grandparents and children in kinship care.

Agenda

8:30 a.m.	Registration, Light Breakfast & Welcome
9:00 a.m.	Understanding Kinship Care in the Context of Family Disruption
10:00 a.m.	Challenges for Grandparent Caregivers
11:00 a.m.	A Grandparent Caregiver's Journey
11:30 a.m.	Trauma-Informed Approaches to Kinship Care
12:30 p.m.	Lunch Break
1:00 p.m.	Building Support Systems for Kinship Families
2:00 p.m.	Closing Discussion/Adjourn

Fee

Free for Caregivers and Family

\$20.00 - For Professional Credit

Credit

C.E.U: 0.4 **Contact Hours:** 4.0

ADA Service

Americans with Disabilities Act Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at (910) 678-7226 or ashley.diehm@sr-ahec.org.

Register Online



Register here: <https://www.southernregionalahec.org/courses-and-events/76288> or scan the QR code.

Contact

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