



Hope Mills Senior Health Expo 2025

September 5, 2025

10:00 AM to 2:00 PM

Hope Mills Parks & Recreation Center
5766 Rockfish Road, Hope Mills, NC 28348

Learn Valuable Information From Exhibitors

- Care Giving
- Retirement Living
- Downsizing
- Health & Wellness
- Legal Services
- Senior Housing
- Community Resources
- Brain Health
- Senior Recreation/Fitness
- Health Insurance Providers
- Hope Mills Parks and Recreation Services
- Veteran Services
- Funeral Services
- Finance & More!

RAFFLE PRIZES & GIVEAWAYS! FREE ADMISSION AND PARKING



**MID-CAROLINA
REGIONAL COUNCIL**

Creative Regional Solutions

