

MALE CAREGIVER SUPPORT GROUP



Male caregiver support groups are a safe place to learn, offer and receive helpful tips and meet others coping with caring for a loved one. This unique group encourages caregivers to maintain their own personal, physical and emotional health, as well as optimally care for another.

1st Wednesday of Each Month
10:00–11:30am

6205 Raeford Road • Fayetteville, NC

This free support group is offered by the Mid-Carolina Area Agency on Aging Family Caregiver Support Program



MID-CAROLINA
REGIONAL COUNCIL
Mid-Carolina Area Agency on Aging

Barbara A. White
910-323-4191 ext. 28
bwhite@mccog.org