

A Song, A Memory, A Connection

Thursday, March 18, 2027
10:00 am - 12:00 pm

Join **Lisa Hughes of Dementia Alliance of North Carolina** to discover the power of music in dementia care! Learn why music can make a meaningful difference for people living with dementia, how to use music with intention, and simple ways to incorporate it into everyday life. Lisa will also introduce My Music NC, a DANC program that helps individuals and care partners experience the benefits of personalized music.

For more information and to RSVP, contact:

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Location:
Senior Center East
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MID-CAROLINA REGIONAL COUNCIL
Creative Regional Solutions

MY MUSIC NC

DEMENTIA ALLIANCE of North Carolina
A STATE OF CARING