

## OUR PROGRAMS PROVIDE:

Are you a student balancing the demands of school while also caring for a loved one?

The Family Caregiver Support Program is here to help!

SUPPORT GROUPS

Connect with other student caregivers in a safe and understanding environment. Share experiences, tips, and strategies for managing both caregiving and academic responsibilities.

EDUCATIONAL WORKSHOPS

Gain valuable insights and practical skills through workshops designed to address the unique challenges faced by student caregivers. Topics include time management, self-care, and navigating academic accommodations.

INDIVIDUALIZED SUPPORT

Receive personalized assistance from our knowledgeable staff. Whether you need guidance on accessing community resources, advocating for academic accommodations, or simply someone to talk to, we're here for you.

RESPITE SERVICES

Take a well-deserved break from caregiving responsibilities with our respite care services. Enjoy some time for yourself while knowing your loved one is in capable hands.

Take advantage of these valuable resources and support.

Contact us today to learn more about how we can help you succeed as a student caregiver!





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