Understanding AI in Everyday Life

A Workshop for Seniors and Caregivers



Artificial Intelligence Made Simple:

Learning to Use AI Safely, Confidently, and Responsibly

AI is becoming part of our everyday lives, from smartphones and online shopping to healthcare, banking, and communication. But what exactly is AI? Can we trust the information it provides? How do we protect our privacy and recognize potential risks?

No prior knowledge or experience with AI is required!



Date: *Monday, February 1, 2027*

Time: *10:00 AM – 12:00 PM*

Location: *Bill Crisp Senior Center*
7560 Raeford Road, Fayetteville, NC

What You'll Learn

What Is Artificial Intelligence?
Understand AI in simple, everyday language and see where you already encounter it.

Can AI Be Trusted?
Learn how to spot mistakes, misinformation, and deepfakes, and why it's important to verify answers.

AI Bias and Fairness
Explore how AI can sometimes be unfair or biased, including toward age, disability, race, or other characteristics.

AI Privacy, Safety, and Responsibility
Discover how to protect your personal information, recognize AI-generated scams, and use AI responsibly.

Explore Practical Ways AI Can Help in Everyday Life
Learn about helpful everyday AI features and participate in interactive activities that build confidence, critical thinking, and awareness of privacy and security.

For More Information or to Register, Please Contact:

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